



Dune News

A quarterly newsletter sponsored by The Friends of MacArthur Beach State Park, Inc.

Fall 2007

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Farewell, Junko!

On July 24 of this year, we lost a great Park Services Specialist, a talented volunteer coordinator and a good friend. Junko Nomura started as a volunteer and quickly worked her way into the Park Services Specialist position. After almost five years at the Park, Junko has left us to pursue new opportunities in Oregon.

Several of Junko's fellow staff members and friends have written their good-byes...

Art Carton (*Park Services Specialist*):

When I first arrived at the Park, I was greeted by hurricanes, lots of computer work, and a faster pace than I experienced in Ocala, Florida. If it were not for the smiling face of Junko, I do not know what I would have done. Besides making sure I was staying on track, Junko was also a very patient teacher. If I had a question or needed information, I knew I could go to her and get an answer.

Stephanie Gardella: I have Junko to thank for all that I have learned since I started

working at the Park. She is a great teacher and has plenty of patience with beginners like myself and with new volunteers. Junko is more than just a good teacher; she is also a good friend. I miss her and wish her the best of luck in Oregon!

Terry Coulliette (*Park Manager*): During 28+ years in the Florida Park Service, I have encountered many diverse employees. Few have had the dynamic impact of this one bright and cheerful transplant from the far side of the world. Her positive and upbeat attitude was apparent from the very beginning. Always hard at work, Junko energized the Nature Center staff and programs. Most of all, Junko made a difference for the betterment of this place. We wish her the best in her pursuits in Oregon. She is and will be missed.

Marty Shiffman (*"Friends" Admin.*): Junko was a friend as well as an excellent staff member. She always had a smile on her face, was always looking out for the Park's interest, whether talking to visitors or purchasing items for the Nature Center or volunteers. When she left, I lost not only a friend, but also the Park lost a significant part of its identity. She really made a difference. Good luck, Junko!



Kids! Can you find me in this newsletter?

John D. MacArthur Beach State Park

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Rob Matriscono
Charlie Hein
Tyler Seevers
Russ Redman
Bill Wilson

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Stephanie Gardella
Andrea Gambino-Heaton
Kelly Roskam
Christine Sherman

Park Services Specialist

Program Directors

Art Carton

Secretary Specialist

Athena Tzathas

Assistant Park Manager

Patrick Rash

Park Manager

Terry Coulliette

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Thoburn's Thoughts



For several months now, the *Friends* have been preparing for a major Capital Campaign to raise \$3,000,000 for a new Welcome and Environmental Education Center, new exhibits, and an Endowment for Park programs.

We are pleased to announce the official kickoff for the Capital Campaign, *An Island in Time*, will be held at the Park from noon to 4:00 p.m. on November 18. In celebration of the event, a "Blizzard at the Beach" will occur with many activities designed for every member of the family.

A mountain of snow

will provide the children with opportunities for making a snowman or snowballs or just playing in the snow.

There will be kayak races, a scavenger hunt, holiday card decorating contest, all with prizes for the winners. Professionally shot family photos on the beach—with or without Santa Claus—will be furnished. For those desiring, trams will be running back and forth between the parking areas, playground and the Nature Center, as well as out to the beach and back on the boardwalk. Bounce-houses for the younger children will be set up in the playground area. Face painting and snow cone making will also be available

to those who wish to avail themselves. Nature hikes with tour guides, and wild life demonstrations will be held throughout the afternoon.

So, save the date of Sunday, November 18 and come with the entire family to enjoy a "Blizzard on the Beach."

TED

Ted Thoburn, *President*
Friends of MacArthur Beach State Park, Inc.



Marnie Abraham	Paul Chartrand
Judie & Ed Ackerman	Guy Chartrand
Paul Aleskovsky	Joe Ciccone
John Allred	Pamela Contessa
Mauricio Alvarez	Cook Family
Dircilene Alves	David Cordeiro
Carol Anello	Crit & EJ Crittenden
Nichole Arkin	Ingrid Deiser
Asuncion Aviado	Peter Deiser
Amy Back	Don Delor
Megan Bailey	John Denton
Lisa Marie Balseca	Trisha Dewey
Mike Bates	Luciana Dias
Charlotte Baxter	Shane DiNatuli
William Benjamin	Rebecca Doane
Ursula Bennett	Charles Dominique
Zachary Bennett	Ronald & Jane Dudan
Josh Bennett	Martin & Watesah
Ried & Amy Bierer	Dytrych Family
Michele Bobertz	Susan Eakle
Walter Bone	Joan Edelmann
Alan Brilliant	Angela Eley
James Broadhead	Cheryl Fischer
Family	Karina Fitz
Matthew Brown	Lynn Focht
Nathalie Browne	Richard Fournier
Derek Buckley	Robin Franklin
Linda Bullen	H.C. & Suzanne
Jerrold Burnette	Fruehauf
Kathryn Camillucci	Ronnie Fuentes
Kathryn Carnes	Edward Fulp
Valerie Cavett	Damon Gammons
Mari Cawood	Douglas Garcia

Welcome New Friends Members!

Howard Glass	Veronica LaSalle-Ricci
Mary Glendinning	Thomas Laussermair
Corrie Hassemer	Tim Lazarus
Jennifer Hastings	Nicholas Lazor
Richard Hawkins	Jeanne Leckey
Alison Hayner	William & Ann Leimbach
Bob & Lynn Hays	Sharon Lewis
Tammy Hernandez	Scott Link
House Family	Denis & Donna Loring
Laura Householder	Christopher Mador
David Hughes	Cynthia Mann
Bridget Huley	Clifford Mann
Rob Hurt	Marjorie Mann
Henry & Mary-Therese Iler	Victoria Marra
Jenifer Jackson	Elaine Marshall
Frank Johanson	Jan Martincavage
Todd Johnson	Alex & Emmanuelle
Judy Jones	Mata/Breton Family
Eric Jones	Isaac Matossian
Erin Jones	Craig McBay
Mark & Kristine Kairalla	George McDermott
Bruce Kay	Richard McFarlane
Stacey Kelson	Ed McIntyre
Amanda Kilpatrick	Christopher & Lori McKee
Alan Klein	Paul Meyar
Clayton Kolb	Jeff Mickle
Brian Kring	Christine Mills
Ann Kringel	James Morehead
Mary Ann Kubeck	Barbara & James
Andre & Julia Lacy	Moriarty
Robert LaMora	Andrew Murray
Joseph Lane	Ruthie Napier
Robert Larkin	Brian Nash

David Negri	Shaun Schwartztrauber
Evan Neihaus	Rosemary Sell
Lauren Nobile	Douglas Siegel
Tina O'Brien	Joseph Smith
Jim O'Connor	Val Smith
Dana Owen	Jason Strigl
Thomas Parrino, M.D.	Carl Suedhoff
Andrew Pecoraro	John Syverson
Emily Pike	Paul Szlasa
Carolyn Pinkerton	Lori Tanner
Brian Piorowski	Emma Taylor
Kyle, AnnMarie,	Tice Family
Andrew & Beau	Gail Tomei
Pirnat Family	Jennifer Turner
Stanley Polansky	Will Tylander
Erin Radebaugh	Judy & Chris Victory
Monica Ramirez	Denise Vogel
Ed Reed	Linda Warner
Jason Reinertson	Michelle Wartgow
Linda Rivera	Tracy Webb
Gail Robinson	Samuel & Kate
Aldjenatu Romero	Weingart
Christian Romero	Richard & Pearl
Esther Rosenbaum	Weinstein
Deborah Ross	George White
Sue Ross	Jeff Wilson
Jennifer Rutledge	Fred Winseck
John Sammis	Patrick Yanchura
Sandra Sands	Chunying Yang
Bob Sanford	Sophia Zaretsky
Peter Sarubbi	Tom Zemke
Edward Schullery	Richard & Vivian Zito
Roy Schumacher	

Shorelines

International Beach Clean-up

by Art Carton, *Park Services Specialist*

John D. MacArthur Beach State Park has one of the most beautiful beaches in South Florida. Nonetheless, tons of trash washes ashore each year. Sometimes I'm ashamed to take school groups for walks on the beach among the plastic bottles and fishing lines. Park staff does their best to keep the beach clean, but they can only spend so much time picking up trash.

During August and September, volunteers and staff answered many phone calls inquiring about the International Coastal Clean-up, scheduled for the Park last September. From the number of calls, I'd expected a total of 400 visitors to show up for the clean-up. When the gates opened on September 15, cars didn't stop coming, until we had reached a total of 1,020 visitors who cleaned up the beach and estuary. Each volunteer got a free t-shirt, a garbage bag, gloves and a pick-up stick. Over five cases of bananas, energy bars and water were provided by Publix Supermarkets, Whole Foods

Market and the Yankee Peddler Produce Stand. Starbucks was also at the event with free coffee and biscotti.

The International Coastal Clean-up program began 21 years ago by the Ocean Conservancy, and in recent years, is sponsored locally by Keep Palm Beach County Beautiful, Inc. This year, we were one of many sites in Palm Beach County participating in the clean-up. Last year, over 3,800 volunteers removed 68,000 lbs. of trash from various sites in our community. This is my third year at the Park, and we have participated in the clean-up every year. At previous clean-ups, we have had over 300 volunteers remove over 3,000 lbs. of trash from the Park. This year, we had a huge turnout from Park volunteers and the general public. At final count, we had over 30 of our regular volunteers and *Friends* members assist with the event. Although we had more than three times the people as compared to last year, we collected only 1,200 lbs. of trash—possibly due to a quiet hurricane season; it is also tribute to Park staff for doing

such a good job of keeping our beach clean and pristine.

Forty-five data cards were filled out and collected that day. These cards provide the Ocean Conservancy with a valuable database, which helps to educate the public about littering. According to these cards, over 500 cigarettes

were picked up, along with 400 bottle caps and over 300 plastic bags. As recorded, 10 lbs. of fishing line was picked up on the beach that day. If not removed, the it can cause injury or death to many marine animals. Last year, worldwide participants found and rescued almost 1,100 animals, which had been injured or impaired by human trash. On our beach, various shorebirds and marine life are affected by discarded balloons, plastic bags, tangled fishing line and much more.

By participating in the International Coastal Clean-up, volunteers walked away with a feeling of satisfaction. The

media constantly reports the dire condition of our planet. September 15 proved that young and old are heeding the message to take better care of our Mother Earth. Hopefully, due to our efforts, staff and volunteers will have to make fewer trips to Busch Wildlife and the Loggerhead Marinelife Center to drop off a pelican tangled in fishing line or a turtle that has swallowed a discarded balloon.

I'd like to thank everyone who attended this year's clean-up, and I look forward to the day when a piece of trash found on the beach will become a rarity.



Zebra Longwing Butterflies Flutter By the Park

by Art Carton, *Park Services Specialist*

Have you ever gone birding at a park and not been able to locate that warbler or wading bird because they were hiding behind a tree 300 yards away? I have the perfect alternative for you: come

to MacBeach and go on one of our ranger-led butterfly walks. Butterflies are easy to see and easy to identify. In the subtropics, we have many common butterflies—seen throughout Florida—plus a few that don't

venture much farther north of Palm Beach County. As an added bonus, you will learn what plants you can use to attract butterflies to your backyard.

Continued on page 7...



Shorelines

Tanks A Lot!

by Stephanie Gardella

There is a new and exciting project underway at the Nature Center: a new tank for our baby sea turtle. Previously, our sea turtles were relocated to a larger facility after about a year, when they outgrew our 400 gallon reef tank. Now we can keep our sea turtle (named "Nalu", which means "breaking wave" in Hawaiian) in the new outdoor tank until he (or she) is the releasable size of 45 cm, or 18 inches.

The 1,000 gallon tank was donated by The Loggerhead Marinelife Center of Juno Beach. Construction began on July 15, 2007. Staff and volunteers cleared the area of vegetation and started building a sturdy platform to support the tank. Volunteers Joe and Linda Barboza and Frost Sutherland deserve special mention because they went out of their way to help and did a wonderful job.

We received a \$1,000 grant from the Caribbean Conservation Corporation (CCC) and it is going toward construction and maintenance of the tank. The CCC is a non-profit



organization, which focuses on sea turtle conservation. Much of their funding comes from the Sea Turtle Specialty License Plates. If you have one of these popular plates on your car, we say, "Thank you!"

Roof repair at the Nature Center (please excuse our dust) has temporarily



postponed completion of the tank. We will be back to work on the project soon. In the near future, visitors can admire Nalu in his spacious new "apartment." It will be exciting to watch him grow. I would like to thank the many people who are making this dream a reality for the Park. Nalu thanks you too!

Ya Gotta Meet "Rea"—MacBeach's New Volunteer Coordinator



Hil I am MacArthur Beach State Park's new Volunteer Coordinator, Andrea Gammino-Heaton—"Rea" to my friends. So far, everyone I have met at MacArthur Beach State Park is calling me by my nickname, so I am feeling very welcome and starting to feel at home. How I came to be a part of this wonderful Park family is, well, let us just say it was a unique recruitment process!

As part of a new exercise routine, I was riding into the Park each morning on my bike. I would ride down to the beach for a quick swim and then bike home. I became acquainted with the gate staff, stopping to chat as people

often do and made fast friends with Athena. One day the Park Manager (so identified by his nametag) hailed me as I rode past. He asked if I might be interested in applying for a job. My rather surprised response was nothing short of brilliant. "Uhhmm, aahh," I said. Obviously, I was trying to impress Terry with my stellar wit. It must have worked. After two further attempts to secure my cooperation, I finally completed an application and handed both of my portfolios to Athena for Terry and Pat to review. The rest "is history!"

Continued on page 8...

Under the Hammock

Gift Gab

It's that time of year to remind everyone of the Christmas sale in the gift shop. From December 1 to the 31st, all members of the Friends, volunteers, and employees of MacArthur Beach State Park will receive 20% discount on all purchases in the gift shop. Kayak rental is not included in the discount.

Please have your Friends membership card with you when you make a purchase. There are several new employees in the gift shop and they may not know you.

New merchandise is arriving all the time, including:

- **Paperweights** in several different shapes with nautical scenes
- **Magnets**
- **Picture Frames** with dolphins, turtles, butterflies and manatee designs
- **Caps** with Macbeach, Florida, Palm Beach designs
- **And more!** Lots of items to choose from for adults and kids... shop and save!



Marty

Gift Shop Guru, Administrator,
Friends of MacArthur Beach State Park

All profits from the gift shop go to the Park to support the programs and activities that you, your family and your friends enjoy all year long.

Manager's Musings

Summer is almost over, and we are all looking forward to cooler weather, but not the shorter days. And the students are back in school, so now our school programs begin again. I would like to extend a special thanks to the volunteers and CSO members who support our school programs in so many ways.

You may have noticed some new faces at the Park. Please join me in welcoming new staff members, as well as wishing departing staff members the very best in their future pursuits: Tiffany has moved to New York with her family; Junko has moved to Oregon with her husband; Barry has been promoted to Park Services Specialist at Jonathan Dickenson State Park; Honza, now an ocean engineer, is in Alaska doing research; Linda Gabelmann is pursuing her interest in art; Stephanie is in nursing school; Kelly, Bryant, and Chris, "OPSes", have returned to college.

Please welcome Athena

Tzathas as our new Administrative Assistant, Tyler Seevers as Park Ranger, Russ Redman as Park Ranger, Bill Wilson as Park Ranger, Kristen Parks as OPS Toll Collector, Kelly Hall as OPS Toll Collector, Andrea (Rea) Gambino-Heaton as OPS Volunteer Coordinator/ Nature Center Support.

Our Annual Beach Clean-up is scheduled for September 15 from 8 a.m. until noon. Please call Athena Tzathas for more details: (561) 624-6950. Our monthly Music Under Moonlight begins again in October. Please see the calendar for more details.

Finally, I want to express my heartfelt appreciation to the volunteers, CSO members and staff for working together to make this Park one of the brightest stars of the REAL FLORIDA state parks.

Terry

Terry Coulliette, Park Manager

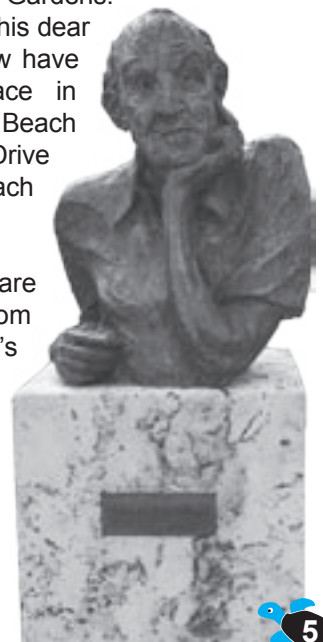
Did You Know...

...John MacArthur's favorite song was *September Song*. I believe that he chose that song out of thousands of others because of its message. It is about time and the value of it. Mr. MacArthur told me, "I can buy anything but time, for time wasted is time lost." In John MacArthur's busy life, time was everything. When you listen to the song, pay attention to these words: "And the autumn weather turns the leaves to flame, and one hasn't got time for the waiting game."

...John MacArthur, along with his devoted wife, Catherine, saved enough money to buy their own insurance company. A Chicago bank made John an offer. This deal had to be finalized in 24 hours. As things were in 1935, MacArthur's money was tied up, so he relied on his dear friend, Leo Lehane, for \$2,500. The name of the insurance company was Bankers Life &

Casualty of Chicago. John MacArthur was the founder and developer of the city of Palm Beach Gardens. In respect for his dear friend, we now have Lehane Terrace in North Palm Beach and Leo Drive in Palm Beach Gardens.

...that these are excerpts from Bob Sanford's biography of John D. MacArthur—*A View from the Bar*—that you may buy in the Nature Center?



Volunteer Spotlight

by Art Carton, *Park Services Specialist*

CENTRAL MICHIGAN UNIVERSITY STUDENTS

The spotlight is on 12 student volunteers from Central Michigan University, who drove in two mini-vans from Mt. Pleasant, Michigan to North Palm Beach in one day! Rather than going to another fraternity party or spend the summer lounging around their parents' homes, these students decided to volunteer with their University's Alternative Break program. The program is competitive. Only the most dedicated and enthusiastic applicants are selected.

The volunteers worked every morning for a week with either the

Loggerhead Marinelife Center or the Sea Turtle Conservation League of Singer Island, combing the beach for turtle nests and hatchlings and logging all of their data. They then came to MacArthur Beach, where Ranger Tyler Seevers presented them with shovels, hoses, and 500 sea oat seedlings. Sea oats, with their deep root systems, help to stabilize dunes, prevent beach erosion and actually help the dunes to grow. After planting all of the sea oats, they were overjoyed to take a richly deserved swim in the clear warm waters of the Atlantic—quite a treat for native Michiganders.

Not only did the volunteers plant native plants, but also they removed invasive and exotic plants and trash from Munyon Island in 95° heat and near 100% humidity—not a treat for them, I am sure.

I've had the privilege of working with volunteers from Central Michigan University's Alternative Break program for the past three summers, and every year, I'm more impressed with their hard work and dedication. As the students piled back into their mini-vans, we told them that they were now a part of the John D. MacArthur Beach volunteer family.



Friends of MacArthur Beach State Park, Inc.

Membership Application

A not-for-profit Citizens' Support Organization

☐ Benefactor... \$500+ ☐ Patron... \$100-\$499 ☐ Family... \$75 ☐ Individual...\$40 ☐ Student... \$20

Name: _____

Address: _____

City: _____ State: _____ ZIP: _____

Email: _____ Phone: _____

Please send this application along with your donation to:

The Friends of MacArthur Beach State Park, Inc.

10900 Jack Nicklaus Drive • North Palm Beach, FL 33408

For more information on the "Friends" please call (561) 776-7449

A copy of the official registration and financial information of the "Friends" may be obtained from The Division of Consumer Services by calling 800-435-7352

Up-n-Coming

OCTOBER

04	Thursday	8:30 a.m.	Yoga on the Beach
06	Saturday	11:00 a.m.	Birding at MacArthur Park
07	Sunday	2:00 p.m.	<i>Intro to Kayaking</i> by Adventure Times Kayaks
14	Sunday	1:00 p.m.	Rec. Skills: Introduction to Surfing
14	Sunday	1-3:00 p.m.	Volunteer Orientation
18	Thursday	8:30 a.m.	Yoga on the Beach
20	Saturday	11:00 a.m.	Butterfly Walk
21	Sunday	1-5:00 p.m.	Bluegrass Jam Music Session
27	Saturday	7-9:00 p.m.	MacArthur Under Moonlight Concert

NOVEMBER

01	Thursday	8:30 a.m.	Yoga on the Beach
04	Sunday	11:00 a.m.	Birding at MacArthur Park
04	Sunday	2:00 p.m.	<i>Intro to Kayaking</i> by Adventure Times Kayaks
10	Saturday	11:00 a.m.	F.U.N. Program: <i>All About Butterflies for Kids</i>
11	Sunday	1-3:00 p.m.	Volunteer Orientation
15	Thursday	8:30 a.m.	Yoga on the Beach
17	Saturday	11:00 a.m.	Butterfly Walk
18	Sunday	1-5:00 p.m.	Bluegrass Jam Music Session
24	Saturday	7-9:00 p.m.	MacArthur Under Moonlight Concert

DECEMBER

02	Sunday	2:00 p.m.	<i>Intro to Kayaking</i> by Adventure Times Kayaks
06	Thursday	8:30 a.m.	Yoga on the Beach
09	Sunday	1-3:00 p.m.	Volunteer Orientation
16	Sunday	1-5:00 p.m.	Bluegrass Jam Music Session
20	Thursday	8:30 a.m.	Yoga on the Beach
22	Saturday	7-9:00 p.m.	MacArthur Under Moonlight Concert
23	Sunday	1:00 p.m.	Birding at MacArthur Park
29	Saturday	10:00 a.m.	Butterfly Walk

Every Weekend Animal Feeding in the Nature Center at 11:00 a.m.
Every Sunday at 3:00 p.m. Snake Talk in the Nature Center



for our many winged wonders.

One of the main attractions of the walks is the Julia butterfly. Only seen in the southern part of Florida, this mostly orange butterfly is usually found basking in the sun on the Dune Trail. Like most butterflies, the Julia has a short life span of only a few weeks. The upper side of the wings is mostly orange on the male and duller orange with black forewing band on the female.

The zebra longwing is the state butterfly of Florida and is quickly identified by its yellow and white stripes and elongated wings. An interesting fact about "zebras" is that they feed on pollen, as well as nectar. Because of this, the Zebra lives for a few months instead of a few weeks or days like most other butterflies. The corky-stem passion flower vine is the main food of the caterpillars and is plentiful throughout the Park. Unlike most butterflies, "zebras" prefer some shade.

Butterfly activities seem to get kids excited. On November 10 at 11:00 a.m., Park volunteer, Jan Everett, will be talking about butterflies and making crafts with kids. The program has been a big hit with young and old. Participants learn about the life cycle of the butterfly, butterfly gardening and many other interesting facts about these amazing insects.

Bring the family to one of our butterfly programs. Observing butterflies will not only open your eyes to other things in the natural world, but also it may rekindle your sense of wonder.

Zebra Longwing Butterflies *Continued from page 3.*

Butterfly walks are conducted throughout the year. The program was the brainchild of former employee, Barry Stevens and me. While working at Silver River State Park in Ocala, Florida, I started a ranger-led butterfly walk. The walks were almost as

popular as our birding program. When I came to John D. MacArthur Beach State Park, I found a fellow butterfly lover in Barry Stevens. We began the walks two years ago and have drawn as many as 25 participants at a time. The only thing required for the walk is a bottle of water and an enthusiasm

Meet "Rea" *Continued from page 4.*



John D. MacArthur Beach State Park

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Friends Office:
(561) 776-7449

Websites:
www.macarthurbeach.org
www.floridastateparks.org

More than just a beach!

Newsletter created by

AARON WELCH • (772) 463-8216

My background is rather eclectic, I have been an army reservist, a vocational specialist, an administrative assistant, a self-employed finish carpenter/interior decorative wall painter, a volunteer coordinator, and a middle school science teacher (licensed in both MA and FL). I received my B.A. from the University of RI in 1986 and completed my Teacher Certification program at Bridgewater State College in 1998.

I moved to Florida in 2001 to marry my native Floridian husband, Ben. I truly love living here. I may have been born in New England, but there has always been a Floridian trapped inside.

If you are a current volunteer, or thinking of becoming a volunteer, come to the Nature Center and say "Hi." Feel free to call or drop me an email: andrea.heaton@dep.state.fl.us. I look forward to meeting and working with all of the wonderful folks who work so hard making this Park one of Florida's finest.



John D. MacArthur Beach State Park
10900 Jack Nicklaus Drive
North Palm Beach, Florida 33408

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